



IC&RC Alcohol and Drug Counselor (ADC) Reference List

REFERENCE LIST DISCLAIMER

This Reference List is provided to exam candidates as a courtesy to assist in exam preparation. IC&RC makes every reasonable effort to ensure that the materials listed are current, relevant, and free of bias, including having certified Subject Matter Experts review this list. However, IC&RC does not endorse or explicitly recommend any exam preparation materials, and studying these materials does not guarantee a candidate will pass the exam.

Candidates are encouraged to use a variety of materials to support their exam preparation. The references included below address topics outlined in the Content Domains of the ADC Exam Candidate Guide. This list is reviewed annually and is currently in the process of being updated by a group of certified ADCs.

Additional preparation materials can be found on the [IC&RC website](#), including study guides, practice exams, the IC&RC General Candidate Guide, and designation-specific Exam Candidate Guides.

References

1. Abadinsky, H. (2018). Drug Use and Abuse (9th ed.). Belmont: Wadsworth Cengage Learning
2. American Psychiatric Association (2013). Diagnostic and Statistical Manual of Mental Disorders (5th ed.) Washington, DC. American Psychiatric Association.
3. Corey, G. (2023). Theory and Practice of Counseling and Psychotherapy (11th ed.). Belmont: Brooks/Cole
4. Corey, G., Corey, M.S. & Callahan, P. (2024). Issues and Ethics in the Helping Professions. (11th ed.). Belmont: Brooks/Cole
5. Corey, M. S., Corey, G., & Corey, C. (2025). Groups: Process and Practice (11th ed.). Belmont: Brooks/Cole
6. Coughlin, G., Kimbrough, S. S., & Kimbrough, L. L. (2008). Patient Records and Addiction Treatment (4th ed.). Port Townsend: Lanstat Incorporated
7. Davis, S. R., & Meier, S.T. (2019). Elements of Counseling (8th ed.). Waveland Press, Inc.
8. Doweiko, H. (2018), Concepts of Chemical Dependency (10th ed.), Cengage Learning

9. Kinney, J. (2024), *Loosening the Grip: A Handbook of Alcohol Information* (13th ed.), Outskirts Press
10. Maisto, Galizio, & Conners (2019), *Drug Use and Abuse* (9th ed.), Cengage Learning
11. Inaba, D. S., & Cohen, W. E. (2014). *Uppers, Downers, All Arounders* (8th ed.). Medford: CNS Productions, Inc.
12. Van Wormer, K., & Davis, D. R. (2025). *Addiction Treatment: A Strengths Perspective* (5th.). Belmont: Brooks/Cole
13. Substance Abuse and Mental Health Services Administration. *Substance Abuse Treatment for Persons With Co-Occurring Disorders. Treatment Improvement Protocol (TIP) Series, No. 42.* HHS Publication No. (SMA) 133992. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2020.
14. Substance Abuse and Mental Health Services Administration. *Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol (TIP) Series 57.* HHS Publication No. (SMA) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2014.
15. Substance Abuse and Mental Health Services Administration. (2020). *Substance Abuse Treatment and Family Therapy. Treatment Improvement Protocol (TIP) 39.* DHHS Publication No. (SMA) 05-4006. Rockville: Substance Abuse and Mental Health Services Administration.