



IC&RC Peer Recovery (PR) Reference List

REFERENCE LIST DISCLAIMER

This Reference List is provided to exam candidates as a courtesy to assist in exam preparation. IC&RC makes every reasonable effort to ensure that the materials listed are current, relevant, and free of bias, including having certified Subject Matter Experts review this list. However, IC&RC does not endorse or explicitly recommend any exam preparation materials, and studying these materials does not guarantee a candidate will pass the exam.

©2017 International Certification and Reciprocity Consortium. All rights reserved. No part of this document may be reproduced in any form without written authorization from IC&RC.

Candidates are encouraged to use a variety of materials to support their exam preparation. The references included below address topics outlined in the Content Domains of the PR Exam Candidate Guide. This list is reviewed annually and is currently in the process of being updated by a group of certified PRs.

Additional preparation materials can be found on the [IC&RC website](#), including study guides, practice tests, the IC&RC General Candidate Guide, and designation-specific Exam Candidate Guides.

References

1. Center for Substance Abuse Treatment. (2001). *Challenging Stereotypes, An Action Guide*. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. Retrieved from: <https://files.eric.ed.gov/fulltext/ED452458.pdf>
2. Center for Substance Abuse Treatment. (2005). *Free To Choose: Transforming Behavioral Health Care to Self-Direction*. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration. Retrieved from: <https://archive.org/details/sma053982>
3. Center for Substance Abuse Treatment. (2009). *What are Peer Recovery Support Services?* Rockville, MD: Substance Abuse and Mental Health Services Administration. Retrieved from: <https://library.samhsa.gov/product/what-are-peer-recovery-support-services/sma09-4454>
4. Copeland, Mary Ellen and Mead, Shery. (2006). *Community Links: Pathways to Reconnection and Recovery-Program Implementation Manual*. Dummerston, VT: Peach Press.
5. Join Together. (2003). *Ending Discrimination Against People with Alcohol and Drug Problems: Recommendations from a National Policy Panel*. Boston, MA: Join Together, Boston University School of Public Health. Retrieved from: <http://files.eric.ed.gov/fulltext/ED479835.pdf>

6. Loveland, David; Boyle, Michael, and Fayette Companies. (2005). *Manual for Recovery Coaching and Personal Recovery Plan Development*. Peoria, IL: Fayette Companies. Retrieved From: https://ce-classes.com/exam_format/Recovery-Coaching-and-Recovery-Plan-Development.pdf
7. National Technical Assistance Center for State Mental Health Planning, National Association of State Mental Health Program Directors. (2002). *Mental Health Recovery: What Helps and What Hinders? A National Research Project for the Development of Recovery Facilitating System Performance Indicator*. Alexandria, VA. Retrieved from: <http://www.akmhcweb.org/Docs/RecoveryPIWebDescription.pdf>.
8. Prochaska, James and DiClemente, Carlo. *Prochaska and DiClemente's Stages of Change Model*. Retrieved from: http://www.stepupprogram.org/docs/handouts/STEPUP_Stages_of_Change.pdf
9. Ridgway, Priscilla, McDiarmid, Diane, Davidson, Lori, Bayes, Julie, et al. (2011). *Pathways to Recovery: A Strengths Recovery Self-Help Workbook*. Lawrence, KS: University of Kansas, School of Social Welfare, Office of Mental Health Research & Training.
11. White, William. (2007). *Ethical Guidelines for the Delivery of Peer-based Recovery Support Services*. Retrieved from: www.naadac.org/assets/2416/whitew2007_the_pro-act_ethics_workgroup.pdf
12. White, William. (2006). *Let's Go Make Some History, Chronicles of the New Addiction Recovery Advocacy Movement*. Washington, DC: Johnson Institute.
13. Wilson, Jan and Wilson, Judith. (1992). *Addictionary*. Center City, MN: Hazelden.