

Free Additional Resources

Substance Abuse and Mental Health Services Administration Treatment Improvement Protocols

- The Substance Abuse and Mental Health Services Administration (SAMHSA) offers *free* Treatment Improvement Protocols (TIPs). IC&RC recommends the following TIPs for use in studying for IC&RC examinations. These TIPs are meant to supplement, rather than replace, resources listed above.
- TIPs that are currently in print can be ordered from www.samhsa.gov at no charge. Please allow several weeks for shipping. Some TIPs are available in print, while others can be downloaded immediately from the SAMHSA website. Check the SAMHSA site for availability. Helpful TIPs include:

TIP 30	Continuity of Offender Treatment for Substance Use Disorders from Institution to Community
TIP 31	Screening and Assessing Adolescents for Substance Use Disorders
TIP 33	Treatment for Stimulant Use Disorder
TIP 34	Brief Interventions and Brief Therapies for Substance Abuse
TIP 35	Enhancing Motivation for Change in Substance Abuse Treatment
TIP 36	Substance Abuse Treatment for Persons with Child Abuse and Neglect Issues
TIP 37	Substance Abuse Treatment for Persons with HIV/AIDS
TIP 38	Integrating Substance Abuse Treatment and Vocational Services
TIP 39	Substance Abuse Treatment and Family Therapy
TIP 42	Substance Abuse Treatment for Persons with Co-Occurring Disorders
TIP 43	Medication-Assisted Treatment for Opioid Addiction in Opioid Treatment Programs
TIP 44	Substance Abuse Treatment for Adults in the Criminal Justice System
TIP 47	Substance Abuse: Clinical Issues in Intensive Outpatient Treatment
TIP 48	Managing Depressive Symptoms in Substance Abuse Clients During Early Recovery
TIP 50	Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment
TIP 51	Substance Abuse Treatment: Addressing the Specific Needs of Women

TIP 53	Addressing Viral Hepatitis in People with Substance Use Disorders
TIP 54	Managing Chronic Pain in Adults with or in Recovery for Substance Use Disorders
TIP 55	Behavioral Health Services for People who are Homeless
TIP 56	Addressing the Specific Behavioral Health Needs of Men
TIP 57	Trauma-Informed Care in Behavioral Health Services
TIP 59	Improving Cultural Competence

National Institute on Drug Abuse

- The National Institute on Drug Abuse (NIDA) offers publications for health and medical professionals that are available online at <http://www.drugabuse.gov/publications>. Helpful publications include:

Principles of Drug Addiction Treatment: A Research-Based Guide (3rd Edition)

- Published October 1999. Revised December 2012. Presents research-based principles of addiction treatment for a variety of drugs, including nicotine, alcohol, and illicit and prescription drugs, that can inform drug treatment programs and services. Available in Español.

Drugs, Brains, and Behavior: The Science of Addiction

- Published April 2007. Revised July 2014. Provides scientific information about the disease of drug addiction, including the many harmful consequences of drug abuse and the basic approaches that have been developed to prevent and treat the disease. Available in Español.

Preventing Drug Use among Children and Adolescents (In Brief)

- Published January 1997. Revised October 2003. Presents research-based drug abuse prevention principles, an overview of program planning, and critical first steps for those learning about prevention. Available in Español.

Drugs: Shatter the Myths

- Published October 2010. Revised March 2015. Answers teens' most frequently asked questions about drugs and abuse with scientific facts and engaging images. Available in Español.

Principles of Adolescent Substance Use Disorder Treatment: A Research-Based Guide

- Published January 2014. Revised January 2014. Presents research-based principles of adolescent substance use disorder treatment; covers treatment for a variety of drugs including, illicit and prescription drugs, alcohol, and tobacco; presents settings and evidence-based approaches unique to treating adolescents.

Family Checkup

- Published October 2012. Revised October 2012. Five questions, developed by the Child and Family Center at the University of Oregon, that highlight parenting skills that are important in preventing the initiation and progression of drug use among youth.

Principles of Drug Abuse Treatment for Criminal Justice Populations – A Research-Based Guide

- Published September 2006. Revised April 2014. Presents research-based principles of addiction treatment that can inform drug treatment programs and services in the criminal justice setting.

Marijuana: Facts Parents Need to Know

- Published April 2001. Revised March 2014. Brochure, in question-and-answer format, that provides facts about marijuana for parents and offers tips for talking with their children about the drug and its potential harmful effects. Available in Español.

Marijuana: Facts for Teens

- Published April 2001. Revised May 2015. Presented in question-and-answer format and targeted to teens, provides facts about marijuana and its potential harmful effects. Available in Español.

Seeking Drug Abuse Treatment: Know What to Ask

- Published December 2011. Revised June 2013. Offers guidance in seeking drug abuse treatment and lists five questions to ask when searching for a treatment program. Available in Español.

National Institute on Alcohol Abuse and Alcoholism

- The National Institute on Alcohol Abuse and Alcoholism (NIAAA) offers free resources for clinicians, physicians, social workers, and other health care professionals that can be ordered or downloaded at <http://www.niaaa.nih.gov/publications/clinical-guides-and-manuals>. Printed materials incur a shipping cost, which are listed under each publication. Resources include:

Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide (40-page guide and pocket guide set)

- Updated November 2011. Includes a pocket guide for alcohol screening and brief intervention for youth.
- CME/CE course available.

Helping Patients Who Drink Too Much: A Clinician's Guide

- Updated 2005. Includes a pocket guide for *Alcohol Screening and Brief Intervention*.
- Available in Español.

Medications Management Manual: Generic Version

- Updated 2010.

Assessing Alcohol Problems: A Guide for Clinicians and Researchers, Second Edition

- Updated 2003.

- Quick-Reference Instrument Guide available.

Combine Manuals

- Updated 2004.

Alcohol Problems in Intimate Relationships: Identification and Intervention-A Guide for Marriage and Family Therapists

- Updated 2003.

Social Work Curriculum on Alcohol Use Disorders

- Updated 2005.

Surgeon General's Call to Action to Prevent and Reduce Underage Drinking

- Updated 2007.

The College Drinking Prevention Curriculum for Health Care Providers

- Updated 2002.

An Update on College Drinking Research

- Updated 2007.

Updating Estimates of the Economic Costs of Alcohol Abuse in the United States

- Updated 2000.

Economic Costs of Alcohol and Drug Abuse in the United States

- Updated 1992.

Surveillance Reports

- Contains data directories and manuals on alcohol-related problems.

Alcohol Epidemiologic Data Directory

- Contains data directories and manuals on alcohol-related problems.

U.S. Alcohol Epidemiologic Data Reference Manuals

- Contains data directories and manuals on alcohol-related problems.

A Guide to Sentencing DWI Offenders, Second Edition

- Updated 2005.

Improving the Delivery of Alcohol Treatment and Prevention Services: Executive Summary

- Updated 2000.

NASADAD/NIAAA State Issue Brief No. 1 – Medications

- Updated 2001

NASADAD/NIAAA State Issue Brief No. 2 – Prenatal Alcohol Exposure

- Updated 2006.

Pharmacotherapy for Alcohol Dependence-Evidence Report/Technology Assessment No. 3

- Updated 1999.

Project MATCH

- 1996-2001.

Research Monographs

- Based on papers presented at NIAAA-sponsored conferences on a topic.

Researcher in Residence Program: Experiences from New York State

- Updated 2001.

Researcher in Residence Program: Improving Treatment Practice in North Carolina

- Updated 2002.

Sentencing and Dispositions of Youth DUI and Other Alcohol Offenses, Second Edition

- Updated 2005.

State of the Science Report on the Effects of Moderate Drinking

- Updated 2003.

10th Special Report to the U.S. Congress on Alcohol & Health

- Updated 2000.
- Only available on website.